



TMB-14 Tour du Mont Blanc 14-day Itinerary - Classic

From 30-Jul-26 to 13-Aug-26 Start Location:Le Brévent

End Location:Le Brévent

Yard Sale Itinerary

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The itinerary is divided into segments, often with multiple segments per day. The totals for each day are shown in blue.

Day	Date	Description	Segment Comments	HD**	Distance		Est Time*	Elevation Gain		Elevation Loss				
					km.	mi.		m.	ft.	m.	ft.			
1	30-Jul-26	Thu	Planpraz Gondola / Le Brévent Cable Car	We recommend taking the Lifts to get from Chamonix to Le Brévent. 1 gondola and 1 cable car are required for this journey. The Lifts are usually open from mid-June to mid-September. First lift at 8:30 AM and last lift up at 4:15 PM (July and August First lift at 8:15 AM and last lift up at 5:15 PM). A one-way ticket ('aller simple') is an estimated 30€. To hike this, follow Segment 0. (snow can remain on the higher sections through late July) www.chamonix.com (https://en.chamonix.com/informations-remontees-mecaniques-en-temps-reel) (Lift times, opening dates and prices may change)										
					Hut Hike	Gondola to Le Brevent required to start tour (not included)	T2	2.5	1.6	0:50	1	3	358	1175
					Hut Hike		T2	6.6	4.1	2:25	0	0	1184	3885
Total						9.1	5.7	3:15	1	3	1542	5059		
2	31-Jul-26	Fri	Hut Hike	To save elevation gain and distance, we recommend taking the Bellevue cable car from Les Houches. This saves 781m (2562ft) in elevation gain and 1.3km (0.81mi) in distance. Follow Segment C alt. Lift to arrive at the bottom station from Les Houches. The Col de Voza is the first Col on the Tour du Mont Blanc at an altitude of 1650m (5413ft).	T1	6.8	4.2	2:50	699	2293	17	56		
					Hut Hike	If you took the Bellevue cable car, follow D alt. Lift to Bionnassay for the standard Tour du Mont Blanc.	T1	2.1	1.3	0:40	2	7	335	1099
					Total					8.9	5.5	3:30	701	2300
3	01-Aug-26	Sat	Hut Hike		T1	8.8	5.5	3:05	309	1014	469	1539		
					Total					8.8	5.5	3:05	309	1014
4	02-Aug-26	Sun	Hut Hike		T2	5.6	3.5	1:50	308	1010	13	43		
					Hut Hike		T1	2.5	1.6	1:00	254	833	0	0
					Total					8.1	5.0	2:50	562	1844

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					km.	mi.		m.	ft.	m.	ft.	
5	03-Aug-26	Mon	Hut Hike		T2	5.8	3.6	2:55	776	2546	42	138
			Hut Hike	This route crosses the Col du Bonhomme at 2329m (7641ft). In good weather and after mid-July, you can take a short side trip of less than 1 km and 193 m. of ascent to the Col and then return the way you came to continue.	T2	5.3	3.3	1:40	0	0	895	2936
		Shuttle / Taxi to Bourg St. Maurice	There is a shuttle service between Les Chapieux and Bourg St. Maurice, which usually runs between mid-June and mid-September. In June and September, there is usually only 1 departure from Bourg St. Maurice early morning and 1 return from Les Chapieux in the evening. In July and August, there are about 3 departures from Bourg St. Maurice and 5 departures from Les Chapieux each day. The estimated cost of a one-way trip is 8€ and an additional 5€ if you are travelling to or from Ville des Glaciers. Tickets can be purchased in the Chapieux at the ticket machine in cash or by contactless credit card. In Bourg St. Maurice, you can buy your tickets at the ticket machine located near the tourist office. If you are outside this season or the times do not suit your plan, it is best to pre-book a taxi for an estimated cost of 140€ return (this may be more depending on group size. We recommend contacting Taxi Mont Blanc contact@taxi-montblanc.com +33 4 50 93 62 07 and letting them know that you are an Alpenventures customer) (Shuttle / Taxi NOT INCLUDED) https://en.lesarcs.com/hiking/les-chapieux				0:35					
		Accommodation Bourg St. Maurice										
					Total	11.1	6.9	5:10	776	2546	937	3074
6	04-Aug-26	Tue	Shuttle / Taxi to Les Chapieux (La Ville des Glaciers/Refuge Des Mottets)	To return to the trail, take the shuttle, which departs from near the Tourist Information Office in Bourg St. Maurice to Les Chapieux or Ville des Glaciers. If you are outside the season for the shuttle, you will need to take a taxi. (Shuttle/taxi NOT INCLUDED)				0:35				
			Hut Hike	This Segment can be bypassed by using the shuttle that usually runs between mid-June and mid-September. Estimated cost 5€. www.bourgsaintmaurice.fr/transports/navettes/bourg-saint-maurice-les-chapieux	T2	6.2	3.9	2:00	357	1171	40	131
		Hut Hike	This segment crosses the Col de la Seigne at 2515m (8251ft) and is the border between France and Italy.	T2	7.9	4.9	3:15	692	2270	367	1204	
							Total	14.1	8.8	5:50	1049	3442

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					km.	mi.		m.	ft.	m.	ft.	
7	05-Aug-26	Wed	Hut Hike		T2	3.5	2.2	1:00	14	46	236	774
			Hut Hike	This segment reaches an altitude of about 2440m (8005ft). If this section is unsafe or in bad weather, It is possible to follow Segment M alt. Rifugio Combal to La Visaille Bus Stop and take the Orange bus to Courmayeur (Bus NOT INCLUDED), bypassing segments M and N.	T2	7.6	4.7	3:00	481	1578	496	1627
			Hut Hike	From Rifugio Restaurant Maison Vieille, it is possible to take a chairlift and gondola to Dolonne in July and August, bypassing most of this segment. This saves you 742 m (2434ft) of elevation loss and a distance of 2.3km (1.4mi). From the bottom station of the Gondola in Dolonne, follow the end of Segment N to Courmayeur Piazzale Monte Bianco. The Maison Vieille Chair Lift and Dolonne Gondola are usually open in July and August. The first lift is at 9:30 AM, and the last lift is at 5:20 PM. The estimated cost for a one-way ticket is 16.00€. It may be necessary to pay in cash at the top of the chair lift. (https://www.courmayeur-montblanc.com/en/skipass-rates/rates-summer/)(Lift times, opening dates, and prices may change) (Chair Lift and Gondola NOT INCLUDED)	T2	4.9	3.0	1:40	37	121	785	2575
					Total	16.0	9.9	5:40	532	1745	1517	4977
8	06-Aug-26	Thu	Rest Day - Courmayeur									
					Total							
9	07-Aug-26	Fri	Hut Hike		T2	4.3	2.7	2:25	770	2526	0	0
			Hut Hike		T2	8.2	5.1	2:40	206	676	542	1778
								Total	12.5	7.8	5:05	976
10	08-Aug-26	Sat	Hut Hike		T1	3.8	2.4	1:05	128	420	1	3
			Hut Hike		T2	2.2	1.4	1:10	297	974	3	10
			Hut Hike	This segment crosses the Grand Col Ferret the highest point on the standard Tour du Mont Blanc at 2537m (8323ft), and the border between Italy and Switzerland.	T2	6.0	3.7	2:35	473	1552	464	1522
					Total	12.0	7.5	4:50	898	2946	468	1535
11	09-Aug-26	Sun	Hut Hike		T2	6.3	3.9	1:40	2	7	473	1552
					Total	6.3	3.9	1:40	2	7	473	1552
12	10-Aug-26	Mon	Hut Hike	It is possible to skip this entire segment, or part of the segment, by bus. The bus to Champex Lac goes via Orsières. (Bus NOT INCLUDED)	T2	14.9	9.3	4:45	477	1565	620	2034
					Total	14.9	9.3	4:45	477	1565	620	2034

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					km.	mi.		m.	ft.	m.	ft.	
13	11-Aug-26	Tue	Hut Hike		T2	15.9	9.9	5:35	729	2392	921	3022
			In good weather and after mid-July, it is possible to take the Fenetre d'Arpette Variant (Segment V alt.). This variant adds 470 m (1542ft) of ascent and has a challenging section through boulders and loose scree where route finding requires attention. There is a high potential for rockfall on this route, often triggered by other hikers.									
					Total	15.9	9.9	5:35	729	2392	921	3022
14	12-Aug-26	Wed	Hut Hike		T2	6.2	3.9	3:05	925	3035	25	82
			Col de Balme is the last Col on the Tour du Mont Blanc at 2191m (7188ft). It is also the border of Switzerland and France. Just a 10-minute walk from the Col, it is possible to descend with a chair lift and gondola to Le Tour. You pay for the ticket in the middle when getting off the chairlift. From Le Tour, it is possible to walk or transfer by bus or taxi to Montroc-Le Planet, Argentière or Tré le Champ.									
			Hut Hike		T2	7.7	4.8	2:50	205	673	995	3264
			Hut Hike		T2	1.9	1.2	0:30	5	16	166	545
					Total	15.8	9.8	6:25	1135	3724	1186	3891
15	13-Aug-26	Thu	Hut Hike		T2	1.9	1.2	0:40	166	545	5	16
			Hut Hike		T3	6.7	4.2	3:25	749	2457	286	938
			The standard Tour du Mont Blanc route ascends a section with ladders and some exposure and then traverses to La Flégère. To bypass the ladders, take Segment Y alt. Ladders Bypass via Col des Montets. The standard TMB does not go to Lac Blanc, but it is a popular side trip. To go to Lac Blanc, take Segment Y alt. A Lac Blanc which ascends the ladders and then Segment Y alt. B to descend to La Flégère. Going to Lac Blanc adds 1.1 km. and 270 m. of elevation gain to your day. From La Flégère, it is possible to exit the tour early, skipping Segment Z, descending by gondola from La Flégère to Les Praz.									
			Hut Hike		T2	7.9	4.9	3:45	734	2408	109	358
			Gondola required to return to Chamonix at the end of the tour (NOT INCLUDED). This segment goes along the northern side of Le Brévent which holds snow until about late July. The snowfield is on very steep terrain and poses a real danger. This segment also includes a short, somewhat exposed section with a ladder shortly before reaching the top of Le Brévent. To bypass this Segment follow Segment Z alt. It is possible to exit the tour early, skipping the final ascent to Brevent, by descending from the Plan Praz gondola station. This cuts out 2.3 km. and 569 m. of elevation gain.									
			Le Brévent Cable Car / Planpraz Gondola									
			We recommend taking the Lifts to get from Le Brévent to Chamonix. To hike down to Chamonix, follow Segment ZZ. 1 cable car and 1 Gondola are required to descend to Chamonix. The Lifts are usually open from mid-June to mid-September. First lift at 8:30 AM and last lift down at 4:45 PM (July and August First lift at 8:15 AM and last lift down 5:45 PM). A one-way ticket (aller simple) is an estimated 30€. www.chamonix.com (https://en.chamonix.com/informations-remontees-mecaniques-en-temps-reel) (Lift times, opening dates and prices may change) (Lifts NOT INCLUDED)									
					Total	16.5	10.3	7:50	1649	5410	400	1312

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					HD**	km.		mi.	m.	ft.	m.

*Estimated Time

Estimated time is based on the German Alpine Club's (DAV) pace measurement of 4.2 km. per hour and 400 m. elevation gain per hour. This measurement is designed for hikers who regularly hike in the Alps. If you are not used to hiking in this type of terrain, you can expect your time to be slower.

Time for stops is not included. Actual time will vary.

**HD Hiking Difficulty

**HD is the technical difficulty rating for the segment, using the Hiking Difficulty scale introduced by the Swiss Alpine Club (SAC). The difficulty rating refers to the most technical spot on the segment, even if it is only a few meters long, and not necessarily to the entire segment.

[Read more about our difficulty ratings at www.alpenventuresUNGUIDED.com/difficultyratings](http://www.alpenventuresUNGUIDED.com/difficultyratings)

Friday, January 9, 2026